



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# RACE TO THE FINISH LINE!

## Kids Running Club

Ages 8-15

Youth Running Club is an 8 week intense training club focused on increasing your child's health in a fun & exciting environment.

Each week will consist of a running day and a calisthenics day to prepare these young athletes for the Santa 5K Renegade Santa Run (Registration NOT included) Saturday, Dec 10, 2016.

### Next session starts

October 18th-December 10, 2016

### Program Fee

Members/Non-members: \$65

\*Coincides with Adult Run Program

**SIGN UP TODAY!**  
**(949) 859-9622**



MISSION VIEJO FAMILY YMCA

27341 Trabuco Circle, Mission Viejo, CA 92692

(949) 859-9622

[ymcaoc.org/mv](http://ymcaoc.org/mv)



BELIEVE IN YOU